Vol. 20, No. 22

8th Fighter Wing, Kunsan Air Base, Republic of Korea

July 1, 2005

News Briefs

Mandatory Commander's Call

The 8th Fighter Wing commander's call starts at 5:30 p.m. today in Hangar 3. Beverages and food will follow a special surprise.

Lost and Found

The 8th Security Forces Squadron investigations office in Bldg. 2003 near the main gate has a variety of unclaimed items in its inventory, including key chains, keys, jewelry, radios, electronics, luggage, bikes, clothes, tools and eye glasses. The office also has unclaimed credit and debit cards issued to Justin Wilson, Daniel Hacker, Zachary Koncinsky, Matthew Magness, Dante Eisani, Edwin Viray, Thomas McMellin, Janet Olofson, Daniel Young, Marcus Morrison, James Richardson, Sarah Quart, Heather Brooks, Michael Knapp, Hyan Jung, Gregory Varoz, Eric Roberts, Renika Adams, Antonio Moran, Robert Hardman, Sean Galenzoga, Durwin Kerr, Yashio Aoki, Mary Williams, Cole Hunham (along with his driver's license), Wylie McAlear, Dannielle Tuio and Jasob Olson. To claim their property, people should call the investigations office at 782-4404.

Pest Fogging

The base Pest Management Shop will begins fogging for mosquitoes from 6 p.m. to 10 p.m. Wednesday, July 11 and 15. It will continue every Monday, Wednesday and Friday throughout the summer. Although the fogging chemical to be used is safe, Wolf Pack members should avoid direct contact with the pesticide for details call pest management at 782-5295.

Fit to Fight Marathon

In support of the Fit to Fight program, Pacific Air Force officials are sponsoring four individual runners (two male and two female) for the 2005 Air Force Marathon on Sept. 17 at Wright-Patterson Air Force Base, Ohio. PACAF Airmen are selected to participate in the event based on their individual running time. Selected members will attend the marathon on permissive temporary duty status. Running tops, shorts and the entry fee will be provided. For more information, call Ms. Julie Fetters at DSN 448-3272.



SPEEDY CLEANUP

Airman 1st Class John Braswell, 8th Logistics Squadron, picks up oil with absorbing pads June 23 to clean up an oil spill that was discovered on June 22. Approximately 10 to 20 gallons of fuel leaked into a nearby drainage ditch and was quickly contained by the cooperative efforts of Gunsan City, Republic of Korea Air Force and Kunsan Air Base personnel. The spilled fuel was found in a 50 to 100 meter area and is believed to be from a fuel recovery tank that overflowed due to thermal expansion. Upon discovery of the spilled fuel, response teams from Kunsan City, ROKAF and Kunsan Air Base cleaned the area to ensure the safety of the area.

In this week's issue ...



Leaders send holiday messages

See Pages 2 and 3



Meet new Phoenix. Col. James Silva

See Page 5



Weekend sports keep Airmen busy

See Page 8

Wolf Weather

6-day Forecast

Saturday Hi/Low 82/70 Thunder Storms

Tuesday Hi/Low 85/68 Scattered T-Storms

Sunday Hi/Low 81/70

Scattered T-Storms Wednesday Hi/Low

Mostly Cloudy

84/68

Monday Hi/Low 84/69 **Evening T-Storms**

Thursday

Hi/Low 83/67 Scattered T-Storms

Fourth of July: ... with liberty and justice for all

By Gen. Paul Hester Pacific Air Forces commander

ore than two centuries ago, our founding fa thers declared independence from British rule ... a war resulted ... a fledgling nation started and rule "of the people and by the people" was born. Ever

since, Americans have worked together to build a nation where all people are equal, "endowed by their Creator with certain unalienable Rights," and where its citizens are free to pursue their individual dreams.

This Independence Day, we remember the brave men and women of the armed forces for their service ... and for their sacrifices.

They are America's sons and daughters, mothers and fathers. We are grateful for their dedication, courage

"This Independence Day, we remember the brave men and women of the armed forces for their service and sacrifices."

> — **Gen. Paul Hester** Pacific Air Forces commander

and for protecting the principles and liberties won so long

Our Pledge of Allegiance captures, in its simplicity, the greatness and nobleness of our founders: "... One nation under God, indivisible, with liberty and justice for all."

Lynda and I wish you and your families the continued blessings of Freedom and a safe and enjoyable celebration of America's 229th birthday.

'My husband is addicted to drugs'

By Staff Sgt. Lindsay Thomas 22nd Contracting Squadron

MCCONNELL AIR FORCE

BASE, Kan. — I've said those words many times, yet the sound of them still makes me cringe. I still wonder how any of this could have happened. I ponder how everything could have spun so horribly out of control.

About a year ago, I was pulled out of Airman Leadership School by an Office of Special Investigations agent who informed me my husband failed a urinalysis test for cocaine. Shocked and troubled, I somehow stumbled back to class distracted by news that seemed unreal and impossible.

My husband swore to me it was impossible. He pleaded his innocence, giving me some elaborate story about a trip to the emergency room for kidney stones and a morphine drip that caused him to test positive for cocaine. I believed him. Why wouldn't I? There were no signs of drug abuse; he didn't match that profile.

As the court-martial grew ever near, the stress became unbearable. I wasn't sleeping; I couldn't concentrate. To be completely honest, I was a basket case. But there was some glimmer of hope, because I believed in justice. I believed everything would be made right and if I just stuck through it, there would be a light at the end of this long, dark tunnel.

And then, two weeks before the court-martial, my husband's stories started to contradict one another and he kept backtracking on his stories, grasping for some validity. He was slipping up, and it all began to unravel before him.

And then he said it. "I slipped up, . I used cocaine." Dumbfounded, I demanded an explanation, only to

hear the horrible stories of cocaine abuse, painkillers that were taken like they were pieces of candy, and the experimentation of every other drug you could imagine.

So I told him he needed to do the right thing. It was the hardest and easiest decision I ever had to make. To make a long story short, on our three-year wedding anniversary, my husband pleaded guilty to using cocaine on several occasions, was sentenced to eight months confinement, forfeiture of pay and allowances, reduction to airman basic and a bad conduct discharge. My husband is a drug addict, and his decisions and his disease ruined his life.

But this is just the beginning of the end of this story. You see, my husband's disease touched everyone around him and wrapped its poisonous fingers around them.

This experience and his actions left everyone hurt and betrayed. I feel like I gave my soul to love, and it paid me back in change. Our son, who is two-years-old, resorted to taking a picture of his daddy to bed with him at night in some hapless, desperate effort to be closer to his father. My daughter, who is five-months-old, will not even know the man who is supposed to be her father when he finally gets out of prison.

Now a heart that is worn and weathered would know better than to fight, but I have decided to wear mine like a weapon. I vowed this abuse, this addiction that afflicts my husband will NEVER touch my children again, or anyone else for that matter, if I can help it.

After the court-martial, I was appalled to know that there were many who knew of my husband's addictions.

"Why didn't you say something?" I pleaded, "Why didn't you help him?" I kept getting the same answers. Some said they didn't want the conflict and others stated it wasn't any of their business.

Well those answers don't cut it. Those responses are weak and fruitless. We are all members of the Air Force family, and how can we turn our back on one of our own? It is our responsibility as Air Force members to take a stand and help someone, even if doing the right thing hurts like hell. If you know someone who has a problem with alcohol or prescription medications or drugs, please, I am begging with you and pleading with you, say something.

My husband is solely responsible for the crimes he committed. However, I cannot help but wonder how different the circumstances would have been if someone had taken a stand against my husband's drug abuse when they first obtained knowledge of it.

As I reflect on the recent events, the answers are all so simple: If you are abusing alcohol, prescription medications or illegal substances, you will eventually get caught and pay the ultimate price for your actions. You will be ripped from your family, your home and forced to live in a prison where you can't even walk through a doorway without asking permission.

There is also another answer. We are responsible for our fellow Airmen. You are the key to making the right choice and helping someone before it is too late. It will be a hard choice to make but the rewards are limitless when you can proudly state that you helped make someone healthy and free of the strangling depths of drugs.

ACTION LINE 782-2004

action.line@kunsan.af.mil



Col. Brian Bishop Commander, 8th Fighter Wing

The Action Line is your direct line to me. Use it if you have concerns or suggestions about the Wolf Pack that can't be resolved through the agency involved or your chain of command. When you call, please leave your name, a phone number and a brief description of your problem or concern. You can also send an e-mail to 8 FW/CC Action

AAFES Customer Service782-4426
Area Defense Council782-4848
Base Exchange782-4520
Chapel782-4300
CES Customer Service782-5318
Commissary manager782-4144
Civ. Personnel Office782-4570
Education Office782-5148
Dining Hall782-5160
Fitness Center782-4026
Golf Course782-5435
Housing Office782-4088
Inspector General782-4850
IDEA Office782-4020
Law Enforcement Desk782-4944
Legal Assistance782-4283
Military Equal Opportunity782-4055
Military Pay782-5574
Military Personnel Flight782-5276
Medical Patient Advocate782-4014
Network Control Center782-2666
OSI782-4522
Public Affairs782-4705
Telephone Repair119



LISTEN

Wolf Pack Radio
88.5 FM
WEEKDAYS — 5 TO
9 A.M., AND 3 TO
6 P.M.
REQUEST SONGS
AT 782-4373 OR
WWWAFNKOREA.COM

LISTEN

To your leadership EACH FRIDAY FROM 8 TO 9 A.M., ON 88.5 FM

Have an interesting story, special hobby or unique job? Tell the Wolf Pack Warrior all about it. Submit story ideas to WolfPack@kunsan.af.mil or call public affairs

at 782-4705

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'Defend the base, accept follow-on forces, take the fight North'

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HOW TO REACH US: People with questions, comments, suggestions or submissions can contact the public affairs office at: 8th FW/PA, PSC 2, Box 2090, APO AP 96264-2090. We can also be reached by phone at 782-4705, by e-mail at 8FW/PA, WolfPack@kunsan.af.mil, or by fax at 782-7568.

Leadership begins with yourself

By Col. Brian Bishop 8th Fighter Wing commander

We are all leaders, whether or not we occupy a leadership position. You may be an informal leader within your work section, you may be a leader in your local community or you may lead your family toward completing family goals. The fact is we are all leaders in some form or another.

Most people focus on leadership in a "unidimensional" axis — from the leader to the subordinate. There is much more to leadership, however, than leading the people below you. Leadership has implications in all directions.

Truly effective leaders must be able to influence not only the people below, but also influence those above, those laterally and themselves. Great leaders are able to influence at all levels around them. Every commander will need their boss' assistance and support to accomplish the mission — leading above. They will need to work with others in the lateral arena to obtain support for the mission.

The operational commander needs the support of the mission support commander for personnel, finance and a multitude of "Truly effective leaders must be able to influence not only the people below, but also influence those above, those laterally and themselves. Great leaders are able to influence at all levels around them."

> — Col. Brian Bishop 8th Fighter Wing commander

other tasks — leading laterally. Leaders communicate a vision to the unit and get those in the unit to achieve that vision — leading below. Finally, and most importantly, leaders must also take inventory of themselves so they can be at their peak performance for the rest of the unit — leading themselves. Leading yourself is the most difficult and most important direction we should lead

Leading yourself is selfrejuvenation. The most important person who must be led is you. Leading yourself is not an easy task, and you are usually the first person left out of the leadership equation. You must lead yourself to a place of strength. You are not effective when your courage, vision or energy suffers. Leading yourself is not easy but it is the most crucial element in being an effective leader.

Dee Hock, member of the Business Hall of Fame, identified how much time leaders need to spend in all 360 degrees of leadership. He states you should spend five percent of your effort leading down, 20 percent of your effort leading laterally, 25 percent of your effort leading up and 50 percent of your effort leading your effort leading yourself.

This does not mean 50 percent of your time is spent out of the squadron. Leading yourself requires a careful and complete inventory of your values, desires, and intentions. This is not a road on which many people choose to embark.

In his book, The Seven Habits of Highly Effective People, Dr. Stephen R. Covey says it is imperative you preserve and enhance your greatest asset: you. Doctor Covey says you must sharpen yourself physically, spiritually, mentally, socially and emotionally.

Leading yourself physically means your eating habits, your physical fitness and any other

physical attributes you can enhance to preserve your leadership abilities.

Spiritual enhancement includes an inventory of your basic values, time for reflection and ensuring you are living in accordance with your values. Mental preparation includes studying and increasing your knowledge base so as to educate yourself and keep your mind fit. Finally, social and emotional leadership allows you to place yourself in win-win situations and to be effective through interdependent living.

Self-leadership is your responsibility alone. It is up to you to know when it is time to step back and reenergize your passion, your vision, and your energy. Notice I said 50 percent of your effort should be in leading yourself and not 50 percent of your time. For example, when I was a squadron commander, I didn't spend 50 percent of my time outside of the squadron.

Going out on the flight line at 0200 to watch the crew chiefs change an engine was one of the best ways I would lead myself. I was rejuvenated watching young men and women accomplish a task simply because they loved what they did and wanted to do it well. Watching them work in sometimes-austere conditions re-energized my soul and my desire to be the best squadron commander I could be and fight for them and our mission.

Leading up, leading laterally, leading below and leading yourself are important aspects of leadership that are not easy. Yet to be an effective leader, you must accomplish each of them.

You do not have to occupy a formal leadership position to be a leader. Leading yourself applies to the full spectrum of leaders. Every Airman needs self leadership to be 100 percent on their game in mission accomplishment.

A squadron commander needs it to keep the vision and passion alive in the unit. A father or mother needs it to maintain an energy level to tackle all of the difficult challenges presented while raising a family. Leading yourself is the most difficult and most important aspect of leadership.



BREAKING NEW GROUND

Col. Brian Bishop, 8th Fighter Wing commander, and a civilian contractor shovel the first pile of dirt at a ground breaking ceremony to bring in the first round of eight-story dormitories. Upon completion of the new dorms, all



noncommissioned officers and junior Airmen will have their own rooms and bathrooms. The new dorms are designed for a four person modular format, where the occupants share a common living area. The illustrations shows what the six tower dorms are projected to look like upon completion.

Independence Day focuses on first idealist

By Gen. Leon LaPorte United States Forces Korea commander

America declared its independence on July 4, 1776, and in that bold announcement established a nation based upon the tenets of democracy, equality and freedom.

For more than 200 years, freedom has had a home and a defender.

Today, America's message continues to inspire and motivate humanity with the basic principles that all are created equal and are meant to be free. Every year, in response to that message, hundreds of thousands of people from around the world willingly and joyfully join our wonderful national melting pot so that they too, can call themselves "Americans."

Like the patriots of 1776, the present generation of men and women serving in our armed forces are among the most courageous of our nation's citizens. American service members always have been guardians of liberty. Millions worldwide now enjoy security, prosperity and well-being because of the dedication and willingness of our modern-day patriots to place the needs of others ahead of their own. Reminiscent of the Minutemen before them, the valor and resolve of today's fighting forces are an inspiration for all generations of Americans.

As you celebrate over this holiday weekend, take a moment to reflect on the courage of our original freedom fighters. They were the first idealists, the first to articulate what America was and what it would represent. They established national ideals that continue to motivate and resonate today. We honor them.

On this Fourth of July, I salute the members of the United States Forces Korea. It is through your personal efforts that American patriotism remains a living faith. Your enthusiasm and commitment are as deeply rooted as our original founding fathers. Through your hard work, the citizens of the Republic of Korea continue to enjoy the freedoms of democracy, peace and prosperity.

4 JULY 1, 2005 WOLF PACK WARRIOR NEWS

Officials urge Airmen to be wary of scams

By Tech. Sgt. Bryan Gatewood 36th Air Expeditionary Wing Public Affairs

ANDERSEN AIR FORCE BASE, Guam – Air Force special agents warn Airmen stationed at places like Kunsan to remain vigilant against scams aimed at taking their money and ruining their financial security.

Scams like the foreign lottery fraud routines that say 'Congratulations! You're the winner of \$6 million. All we need you to do is contact our agent to begin the claim process," have recently caught Airmen off guard.

"Be very wary," said Special Agent John Phillips of the Air Force Office of Special Investigations' Detachment 602 here. "The old adage, 'you can't get something for nothing,' generally applies 99 out of 100 times."

Whether the scam is conducted via mail, e-mail or phone, it usually falls into two broad categories: fronting money and identity theft.

"Scams that fraudulently convince victims to front someone money on the promise that they'll receive more back are the hardest for victims to do anything about, as the fraud perpetrators are often overseas," said Maj. Bruce Page of the 36th Air Expeditionary Wing's legal office

"The biggest challenge in taking legal action against computer or mail fraud is often jurisdictional," he said. "Identify theft victims seldom

recover everything they've lost, but at least in the case of identity theft, there are more consumer protection laws that often limit the amount of loss for which a victim will be held accountable."

The bottom line is to ignore mail and phone solicitations for foreign lottery promotions, FTC officials said.

Another scam that falls into the broad category of identity theft is "phishing" scams, which use e-mail or malicious Web sites to solicit personal information, including Social Security numbers, bank account numbers or passwords.

"Attackers may send an e-mail seemingly from a reputable credit card company or financial institution that requests account information, often suggesting there is a problem," said Staff Sgt. John Racela II, an information system security manager here. "When users respond with the requested information, attackers use it to gain access to their accounts."

Not only are these scam artists asking for the information, but they also put what appears to be a legitimate Web site address that routes the consumer to an official looking Web site where the perpetrators can gather the information, he said.

"Pay attention to the address of the Web site," Sergeant Racela said. "Malicious Web sites may look identical to a legitimate site, but the address may use a variation in spelling or a different domain like dot-

Foreign lottery legalities

The Federal Trade Commission offers the following cautions to consumers considering responding to a foreign lottery:

- Playing a foreign lottery through the mail or over the telephone violates federal law.
- There are no secret systems for winning foreign lotteries. The chances of winning more than the cost of your tickets are slim to none.
- If a person purchases one foreign lottery ticket, they should expect many more bogus offers for lottery or investment "opportunities." Their name goes on "sucker lists" that fraudulent telemarketers buy and sell.
- People should keep their credit card and bank account numbers to themselves. Scam artists often ask for them during an unsolicited sales pitch.

Those who receive what looks like lottery material from a foreign country, should give it to their local postmaster.

Information courtsey Air Force Link

com instead of dot-net. Try to verify the request by contacting the company directly using information from previous statements. Don't use contact information on the Web site connected to the request."

Those who believe they are a victim of phishing, they should:

- Report it to theirr information systems security officer or workgroup manager who will alert the wing information assurance office.
- If financial accounts may be compromised, contact financial institutions immediately and close any accounts that may have been compromised. Watch for any unexplainable charges to the accounts.
 - Consider reporting the attack

to the police and filing a report with the Federal Trade Commission at www.ftc.gov.

"When it comes to these 'money-fronting' scams, people should remember that no one gives away free money," Major Page said. "To best protect yourself against identity theft, limit your credit card applications, shred unwanted credit applications and other documents containing personal identifying information, and periodically check your credit reports. The earlier you catch a credit error — whether fraudulent or merely accidental — the easier it is to fix."

Airmen who think they may have been a victim of fraud can contact the base legal office at 782-4283.

Don't let carelessness 'ignite' summertime, holiday fun

By Tech. Sgt. Beatrice Fleureau and Staff Sgt. Fred Medina 8th Security Forces Squadron

Officials with the 8th Security Forces Squadron remind people at Kunsan to play it safe, use common sense and follow safety guidelines when barbecuing and using fireworks over the Fourth of July weekend.

According to national statistics, hospital emergency rooms see an increase in injuries over the holiday from people misusing fireworks, using illegal fireworks or not following safety instructions when using a barbecue grill.

People should use charcoal lighter fluid versus gasoline when starting a barbecue because gas can flash violently and seriously injure anyone caught in the flash.

It's also important for people to keep grills and barbecue pits away from fire-prone walls, roofs, or other combustible material, according to base fire protection instructions. Barbecue pits must be at least 10 feet away from these places.

Base officials added it's important to have a fire extinguisher or garden hose handy while the grill is burning. After cooking food, people should never dump the coals in a trashcan, even if they appear cool. Instead, they should soak coal in water before they go in the trash.

Firework-related injuries remain a concern at places like Kunsan since they injure an average of 13,000 Americans each year – more than half of those are children. A majority of those injured by fireworks are those using them, but up to 40 percent of those hurt were bystanders.

Although legal consumer fireworks comply with the regulations and remain relatively safe, all fireworks are hazardous and can cause injuries. Bottle rockets, firecrackers and sparklers are the common types of fireworks that send people to the emergency room. Bottle rockets and firecrackers can fly in any direction before they explode while sparklers burn at temperatures hot enough to melt gold.

Fireworks are classified as hazardous substances under the Federal Hazardous Substances Act, officials said. People should never use illegal firecracker type devices and leave professional display type fireworks to the trained experts.

A reason why fireworks injuries continue to occur is people don't consider how dangerous these devices are, officials said. They often don't realize, until they're injured, the risk of blindness or injury outweighs the excitement of taking risks with fireworks.

PRIDE OF THE PACK

Unit: 8th Misson Support Squadron
Duties: Manpower Analyst
Hometown: Detroit, Mich.

Follow-on: Moody Air Force Base, Ga.

Hobbies: Scrapbooking and traveling

Favorite music: Jazz, vocal and big band

Last good movie: 'The Notebook'

Best thing you've done here: 'Taking tour

Best thing you've done here: "Taking tours to see experience the country people and cuisine."



Tech Sgt. Shon Barnwell

"Sgt Barnwell has made a positive impact throughout the wing and community from the moment of her arrival at Kunsan Air Base. Her duty performance as a management analyst within the manpower flight has been beyond reproach. As the wing's lead manpower analyst for the 6th Army Cavalry Beddown at Kunsan, she worked with the Apache beddown team to gather and advise Kunsan, 7th Air Force and Pacific Air Forces representatives on personnel authorizations and support agreements needed for this program, encompassing a 25 percent increase in base manning. Her great attention to detail and leadership initiative led to the 8th Mission Support Squadron appointing her as the resource manager for the Squadron. She methodically revalidated all squadron funding sources and expenditures which directly helped resolve a \$37,000 funding discrepancy within the 8th Mission Support Group. Her keen financial savvy led to a \$18,000 savings of squadron funds during her initial audit of projected yearly expenses which enabled the 8th MSS to fund critical squadron unfunded requirements. Sgt. Barnwell epitomizes the Air Force "whole person concept", promoting physical fitness, base and community service involvement."

-Maj. Percy Dingle 8th Mission Support Squadron

MXG commander:

Look past horizon into tomorrow



Col. Jim Silva, 8th Maintenance Group commander, shares a toast with local Col. Kim, Jong Sik, 35th Fighter Wing commander, during the wing's annual friendship dinner June 16 at Wolf's house.

By Staff Sgt. Erien Clark-Chassé 8th Fighter Wing Public Affairs

Editor's Note: Col. Jim Silva recently became the new Phoenix — the 8th Maintenance Group commander, he sat down with the Wolf Pack Warrior staff to get his impressions of the base and its people.

Wolf Pack Warrior: Now that you've had a chance to adjust to life in Korea, what are your impressions of the Wolf Pack and 8th Maintenance Group?

Colonel Silva: "The mission here at Kunsan is frontline, first class and really critical to the interests of the United States. The folks here have really strapped on the need to get the job done. These first-class maintainers are all interested in doing the best job they can for the Wolf Pack. They gel together well as a team, and I have seen that just in their pride they show around the base, during their operations on the flightline and just about everywhere they go. These guys are top notch Warfighters who stay focused on the War-fighting issues."

WPW: What do you see as the major challenges facing the 8th Maintenance Group, and how will the group overcome these obstacles?

Colonel Silva: "Our biggest challenge is experience and turnover. We have many people who come from [working on the F-15 and transition to the F-16 when they get here; and this creates a large learning curve. This remote tour also means the number of things you do lor need to learn] at a normal base over the course of two or more years has to be condensed to work for our one year here. This keeps our pace here intense. To tackle this, we need to follow-up, follow-up and follow-up again. Continuous follow-up will ensure any problems are kept to a mini-

WPW: What course do you expect to set for the 8th Maintenance Group over the next 12 months?

"Hopefully, I have some good experiences I bring to the fight here. I was a group commander for two years. With that under my belt, it helps me know what is needed to get the job done.

Now I can bring issues to the table and take a look at situations that are uniquely remote and incorporate them into a larger Wolf Pack strategic plan. A lot of folks have a tendency to focus on the here and now during their year, so I have made it my goal to get people to look at the longer term ... to look past the horizon.

New missions come here to Kunsan, equipment wears out and facilities degrade, [so] we need to think past the patch [or quick fix] to these items. We have done this a little bit but I hope to do it a lot

WPW: How do you define your leadership philosophy?

Colonel Silva: "An old DCM [deputy commander for maintenance] told me once about three Ts and an A. I have tackled, absorbed and enforced this then taken it and run with it. The three Ts and an A are time, tools, training and attitude. Everything we do in our jobs can be attributed to those

"Time is if you do your job right the first time. You won't have any problems nor will you have to come back to it again.

"Tools are all about taking care of your equipment, from what you use on the job to your dorm room and even

"Training involves if the Air Force has given you the right training or if you are getting more knowledge through a college education. It involves learning more and more about your job and the requirements here at Kunsan. Attitude is the lynch pin that holds the rest

"If all three Ts work fine and you have a bad attitude, you still fail as an Air Force member ... so please focus on keeping a good attitude. You need to say 'Hey, I can make this place better' or 'What can I take from my time here.'

"I once had another group commander tell me, "There is no such thing as a bad day; only good and 'gooder days." On those days you wake up with a headache during an exercise [or] when you have to work extra hours and suddenly you think of those as good days, that's a prelude to even better days. So my point is that no matter what you do, three Ts and an A can apply to you and your job.

WPW: What advice do you have for your Airmen?

Colonel Silva: "Be professional on and off duty, and never accept mediocrity!

"You can be "knee-walking drunk" and still have been a professional. In other words, did you get a wingman who stayed sober because you knew you might drink too much at your going away? Did you have a plan to get home, did you have a plan to have someone who is willing to stay with you in case you get sick so you don't have problems.

"Being professional is doing the right things past following tech data or check lists. It also applies off duty.

"Never accepting mediocrity is getting out the mindset of, 'it is good enough for government work' because you need to do the best job all the time, not just enough to 'get by.' The only way we can continue to be the best Air Force in the world is to not accept mediocrity.

Don't just do something 'because that's the way it has always been done.' Do it because that is the way it should be done. If it is the rule and you see a better way to do it, get an official change or a waiver to do so. This applies to colonels as much as it applies to Airmen.'





Family: Colonel Silva and his wife of 25 years, Sharlette, have two daughters. Jennifer is a high school band director in Japan, and Melissa just graduated from the University of Arizona with a degree in psychology and is searching for a job.

Hometown: After growing up moving all over with his dad, a retired chief master sergeant, the colonel claims home to be Colorado Springs, Colo. — home of the Air Force Academy.

Current books on his nightstand: "Leading with the Heart: Coach K's Successful Strategies for Basketball, Business, and Life" by Mike Krzyzewski

Favorite sports team: "When I went to the Academy, the football team did not win a whole lot of football games. So though I am still a fan, I had to pay out of state tuition to Florida State and to Arizona [for his daughters]. This makes me a big Seminole football fan and huge Wildcat basketball fan. As far a pro teams go, though there is no team except the Denver Broncos. The Orange Crush is still alive!" Pet peeve: "Cleanliness. Pick it up, clean it up and put it away - always"



Col. James Silva

Colonel Silva earned his commission after graduating from the Air Force Academy in May 1980. During his career, he's served on the flightline and backshops as well as on the Air Staff and Special Operations Command staff.

He's been a squadron commander and deputy operations group commander. The colonel previously served as the 982nd Training Group commander at Sheppard Air Force Base, Texas.

The following are some additional career highlights.

1980

Assistant officer in charge, 389th and 390th Aircraft Maintenance Units; officer-in-charge, accessory maintenance branch, and assistance maintenance supervisor, 366th Component Repair Squadron, Mountain Home Air Force Base, Idaho.

1984

Maintenance supervisor, 4450th Maintenance Squadron, Nellis Air Force Base, Nev.

1987

Graduate student, School of Systems and Logistics, Air Force Institute of Technology, Wright-Patterson Air Force Base, Ohio

1988

Project manager, maintenance procedures division, and chief. maintenance initiatives division, director of maintenance, Air Force Logistics Management Center, Gunter Annex, Ala.

1994

Squadron maintenance officer, 14th Fighter Squadron, commander, 35th Maintenance Squadron, and later deputy operations group commander for maintenance, 35th Operations and Logistics groups, Misawa Air Base, Japan

1997

Chief, personnel and training section, and chief, base maintenance policy section, directorate of maintenance, Deputy Chief of Staff for Installations and Logistics, Headquarters Air Force, the Pentagon, Washington, D.C.

2001

Chief, joint intelligence and information systems logistics, chief, joint logistics automation branch and later deputy chief, Directorate of Logistics, Special Operations Acquisition and Logistics Center, Headquarters U.S. Special Operations Command, MacDill Air Force Base, Fla.

2003

Commander, 982nd Training Group, Sheppard Air Force Base, Texas

7 DAYS

TODAY

Financial seminar - The Family Support Center's weekly personal financial management briefing starts at 3 p.m. at Building 755, room 215. It's geared for those in the E-1 to E-4 pay grades. No registration required.

Howlin' bowl - The Yellow Sea Bowling Center holds its howlin' bowl for \$11 per person or \$50 per lane.

Karaoke night - The Falcon Community Center's karaoke night runs from 8 p.m. to 2 a.m. Carson Downy band – The Carson Downy band plays at the Loring Club starting at 9 p.m.

SATURDAY

Home run derby – The Wolf Pack Fitness Center hosts a home run derby at 1 p.m. All-star game – An intramural softball all star game starts at 4 p.m. at the base softball field. **Paintball** – Outdoor recreation holds a paintball tournament from 10 a.m. to 3 p.m. at Wolf Pack Park.

Long Drive Contest – The West Winds Golf Course presents a long-drive contest all day. Bowling events - The Yellow Sea Bowling Center's ninepin no-tap tournament starts at 6 p.m. The entry fee is \$17.

Karaoke night – The Falcon Community Center's karaoke night runs from 8 p.m. to 2 a.m.

SUNDAY

Basketball – A three-on-three basketball tournament starts at 9 a.m. in the fitness center. Chiefs vs. Eagles – A Chiefs vs. Eagles softball game starts at 4 p.m. at the base softball field. Golf scramble – The West Winds Golf Course's has a four person golf scramble starts at 7:30 a.m. the entry fee is \$10.

Chess tournament – The Falcon Community Center hosts a chess tournament at 3:30 p.m. **Double music night** – The Loring Club presents the Devon Reeves band and Duke Michaels band

Dollar days – People can bowl for \$1 per game with 75-cent shoe rental at the Yellow Sea Bowling Center.

MONDAY

Fun run – A five-kilometer firecracker fun run and walk starts at 9 a.m. at the fitness center. Cardboard boat race – The Kunsan Cardboard Boat Race begins at 11 a.m. at the base's outdoor pool.

Block party schedule - held in the parking lot in front of the Loring Club.

2 p.m. - Parade and food and beverage sales

2:35 p.m. - The Wolf awards cash prizes to the parade winners

2:45 p.m. - Local bands take the stage

4:30 p.m. – Korean dancers perform

5 p.m. – Retreat ceremony at center stage

5:10 p.m. - Local bands return to the stage

9:30 p.m. – Fireworks show

FREE CLASSIFIEDS

Gamers sought -- People interested in forming a Dungeons and Dragons roleplaying group at Kunsan should call 782-8224 and leave a message.

Chapel seeks volunteers -- The base chapel needs volunteers to serve in a variety of ministries with the Catholic parish and Protestant congregations. For more information, call the chapel at 782-4300.

American Red Cross opportunities -- The base Red Cross station has volunteer opportunities in a variety of agencies on base. For more information, call the station at 782-4601.

For more information people at Kunsan can call the 8th Services Squadron marketing office at 782-7288 or 782-7855.

Hole in one contest - The West Winds Golf Course is giving away a set of new clubs goes to first ace. The entry fee is \$1.

TUESDAY

Photo club meets – The base photo club meets

Yellow Sea Bowling Center - Ladies bowl for free starting at 6:30 p.m.

WEDNESDAY

Comedy show – The Loring Club hosts Lavantor Butler and Joseph Fox starting at 7 p.m. **Reunion briefing** – The Family Support Center's return and reunion briefing starts at 3 p.m. in the Health and Wellness Center classroom at the Wolf Pack Fitness Center. This mandatory briefing addresses challenges facing single and married military members preparing to return to their families.

Yellow Sea Bowling Center – Bowl for 75 cents per game.

Karaoke night – The Falcon Community Center's karaoke night runs from 8 to 11 p.m.

THURSDAY

Pinochle tournament – The Falcon Community Center's pinochle tournament begins at 7 p.m. **Orphanage visit** – The Family Support Center's weekly Korean orphanage outing leaves the military personnel flight parking lot at 6:15 p.m. The weekly outings give base people a chance to interact with local Korean orphans. To register, call 782-3772 or 782-5644.

Dollar day — Bowl for \$1 per game at the Yellow Sea Bowling Center.

UP 'N' COMING

July events — The Falcon Community Center hosts its monthly chess open night scheduled for July 9. The center's monthly "onse" birthday celebration starts at 7 p.m. July 19. A 301 dart tournament starts at 3:30 p.m. July 26.

FSC tours – The Family Support Center hosts a trip to Eunjeock Temple and Gunsan Lake at 9:30 a.m. July 9. An orientation visit to the Demilitarized Zone starts at 6:40 a.m. July 22. Its monthly walking tour of Kunsan City starts at 8:30 a.m. July 23. Reservations are required for all tours. For more information, call the center at 782-5644 or 782-3771.

Sponsor training — The Family Support Center's next sponsorship training workshop starts at 10 a.m. July 14. Reservations are required by calling 782-3772.

To submit events for 7-Days, send an e-mail to 8 FW/PA WolfPack@kunsan.af.mil. Submissions are due by noon Thursday one week prior to publication and must include time, date and location or the event and the contact's daytime phone number. For more information, call the base newspaper office at 782-4705.

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"THE LONGEST YARD"

Rating: PG-13 for crude, sexual humor, violence, language and drug references Staring: Adam Sandler, Chris Rock and

Burt Reynolds

Synopsis: A former football superstar serving time in prison is assigned the task of assembling a team of convicts to square off in a football game against the prison's sadistic guards.

Show times: 7 and 9:30 p.m. today and

Saturday

"THE INTERPRETER"

Rating: PG-13 for violence, sexual content and strong language

Staring: Nicole Kidman and Sean Penn **Synopsis:** A federal agent and the witness under his care play out a gripping dance of evasion and revelation as they race to stop a major assassination on U.S. soil.

Show times: 6 and 8:30 p.m. Sunday and

8 p.m. Tuesday

"XXX STATE OF THE UNION"

Rating: PG-13 for intense action violence and language

Staring: Ice Cube and Samuel L. Jackson **Synopsis:** A secret agent and an outsider track a dangerous military splinter group conspiring to overthrow the U.S. government. Show times: 8 p.m. Wednesday and Thursday

CHAPEL SERVICES

CATHOLIC SERVICES

Daily Mass — 11:30 a.m. Monday through Thursday

Weekend Mass — 9 a.m. Sundays Reconciliation — Monday through Friday by appointment, 4:30 p.m. Saturday, 8 a.m. Sun-

R.C.I.A. classes — 7 p.m. Wednesday, chapel conference room

PROTESTANT SERVICES

General Protestant worship – 11 a.m. Sunday Contemporary praise and worship – 6 p.m.

Gospel service – 1 p.m. Sunday Inspirational praise and worship service – 7:30 p.m. Friday

LATTER-DAY SAINTS SERVICES

Weekly service — 3:30 p.m. Sunday **SONLIGHT INN**

The Sonlight Inn opens from 6 to 10 p.m. Sunday through Thursday, 6 p.m. to midnight Friday and 6:30 a.m. to midnight Saturday. The chapel hosts several Sunday school and Bible study groups at the Sonlight Inn. For more information, call the chapel at 782-4300.

WOLF PACK WHEELS SCHEDULE

OSAN AIR BASE SHUTTLE

Monday to Thursday – Leaves Kunsan at 7:30 a.m. and 1 p.m. Leaves Osan at noon and 6 p.m. Friday – Leaves Kunsan at 7:30 a.m. and 3 and 6 p.m. Leaves Osan at noon and 10 p.m. Saturday – Leaves Kunsan at 7:30 and 10 a.m. Leaves Osan at noon and 4 p.m.

Sunday – Leaves Kunsan at 7:30 a.m. and noon. Leaves Osan at noon and 5 p.m. One-way tickets are \$12.50 for general Wolf Pack members or \$11.50 for Airman morale program

members. Round trip tickets are \$25 or \$23 for Airman morale program members. **E-MART SHUTTLE**

Saturday and Sunday - Leaves Kunsan at 10 a.m., noon and 2, 4 and 6 p.m. and leaves the E-Mart at 11 a.m. and 1, 3, 5 and 6:30 p.m. Round trip tickets are \$3.

INCHEON INTERNATIONAL AIRPORT SHUTTLE Monday and Tuesday and Thursday to Saturday – Leaves Kunsan at 4 a.m. and 6 p.m. and leaves Incheon at 9 a.m. and 11 p.m. from Gate 11 at the airport. One-way tickets are \$27.50 or \$25 for Airman morale program members.

Testicular cancer: an unlikely killer

By Maj. Belinda Haines Heath and wellness center

This killer stalks the young in the prime of their life. It strikes down those primarily between the ages of 15 to 45. Although this predator is fairly uncommon, it can affect 6,000 each year while killing about 400.

The killer's name? Testicular

Compared to other forms of cancer, testicular cancer isn't the most deadly types of the disease and it is treatable if caught early.

Who's at risk? Men in their prime, but caucasians are at the greatest risk. That doesn't mean only white men have to worry, because it can strike all men from all walks of life. The major risk factor for testicular cancer is undescended testes, which haven't dropped into the scrotum. The risk is five times greater for those with this condition.

The most common warning sign is a small, hard lump about the size of a pea near or on the testes. Other signs can include painless swelling and a feeling of heaviness in the groin or scrotum. In most cases, there's no pain.

To find these painless lumps requires a self inspection of the "yonder regions." It's more commonly referred to as a testicular self examination, or TSE for short.

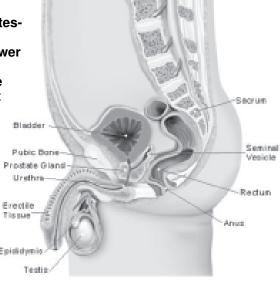
Men should perform these exams

Knowledge of anatomy helps detect cancer

Men should know and understand the areas of their bodies to ensure things are working properly. Generally cancer in the male reproductive system starts in the testicles, bladder, colon or prostate. This graphic shows a detailed description of the male reproductive system.

Symptoms of testicular cancer can include:

- ◆Enlargement of a testicle or a change in the way it feels
- Lump or swelling in either testicle
- *Dull ache in the back or lower abdomen
- ◆Gynecomastia (excessive development of male breast tissue). This can also occur normally in adolescent males, and is not a symptom of testicular cancer
- ◆Testicular discomfort and pain or a feeling of heaviness in the scrotum
- ◆Occasionally, the initial Tissue symptoms are related to the spread of the cancer to other parts of the body, such as the lungs, abdomen, pelvis or brain.



Courtesy graphic

just as a woman performs monthly self-breast exams. The technique to finding lumps is very similar to breast exams. Men should stand in front of a mirror and gently roll each testis between their thumb and fingers of both hands feeling for any

lumps. If someone finds a lump they should be checked by a doctor.

If caught early before the cancer has a chance to spread, there's a cure rate of nearly 100 percent. For more information call the health and wellness center at 782-5595.

Red Devils torment league rivals

By Master Sgt. Brian Orban 8th Fighter Wing Public Affairs

Editor's note: Information for this column was compiled from intramural and varsity coaches' reports. For more information on submitting information to this column, call the base newspaper staff at 782-4705.

Red Devils continue AL dominance

The 8th Civil Engineer Squadron Red Devils continued to lead the American League after they tormented the 49th Fighter Wing Holloman squad in a 15-0 rout June 30.

The Red Devils rocked the plates during a scoring rally in the third inning, prompting referees to invoke the 15-run rule and call the game.

Referees can call a game if a team leads by 15 runs within the first three innings or after 10 runs by the bottom of the

Last week's win was the fourth consecutive time the Red Devils have shut out their intramural rivals in four innings or less. The 8th Medical Group Medics remain the only American League team to score against the Engineers.

"It's been a total team effort," said Red Devil assistant coach Jim "Tad" Tadlock. "Every game we've won, we've been able to get every person get one at-bat. "When we're hitting, everyone's hitting. We've come out of the box pretty quick." $\,$

Shortstop Joe "Lil' O" Ortiz continued to lead the Red Devils in the infield while John "J-Dub" Williams and David "Rock" Rockwell ruled the middle outfield.

Tadlock went 10 for 11 at the plate to improve his batting average to .909 while first baseman Carl Hix extended to .818 and pitcher and second baseman Robert "Tiger" Pinder went to .750. Other Red Devil hitters above the .500 mark included Josh Trundle with .615, left fielder Ryan Velarde at .583 and Rockwell with .562.

Tadlock wound up on the team's disabled list due to an injured knee.

Vipers defuse Armament Flight

Chris "Crash" Crabb hit a grand slam in the sixth inning to put the Vipers of the 8th Operations Support Squadron up by more than 10 runs as they crushed the 8th Maintenance Squadron's Armament Flight 19-6 Monday evening.

The sixth inning hit ended the evening's game after the referees invoked the 10-run rule.

Joseph Mikelat hit an inside-the-park home run to fuel the Viper's offensive momentum early in the game. The squad capitalized on its steady scoring run with solid plays at the plate.

"We had some solid hits [although] we made some defen sive mistakes," said Viper coach Donald Johnson.

SPORTS SHORTS

Unless noted, all events, games or classes are held at the Wolf Pack Fitness Center. For more information, call the center at 782-4026.

Climbing wall training available – The fitness center offers safety classes for those wanting to use the center's climbing wall. The classes are mandatory for those wanting to use the wall. The center also needs more instructors to teach the classes.

Martial arts class schedule

- Hapkido 8 a.m. and 6:30 p.m. Monday through Friday
- Tang soo do 6:30 and 11 a.m. and 7 p.m. Monday through Friday and noon Saturday
- Tae kwon do 11 a.m. and 8 p.m. Monday through Friday
- Kung fu 8 p.m. Monday through Friday

Fitness center offers "Bod Pod" — The fitness center's new "Bod Pod" offers a more accurate way to measure people's body fat and lean muscle content. For appointments, call the fitness center.

Aerobic class schedule

- Spin class 5:30 a.m. Tuesday to Friday and 6 p.m. Monday
- Step class 5:30 a.m. Monday and Wednesday and 5:30 p.m. Tuesday and Thursday
- Cardio circuit training 5:30 p.m. Monday and Friday
- Pilates 5:30 p.m. Wednesday and 10 a.m. Saturday

STANDINGS

As of June 24

INTRAMURAL SOFTBALL

AMERICAN LEAGUE	W	L
Red Devils	5	0
Ammo	4	1
8th SFS A	4	1
Cobras	3	1
Holloman	2	2
Army	2	3
Warriors	2	3
Medics A	2	4
Lugnuts	0	5
Egress	0	4

June 21 game results Medics A 12, Army 11 Red Devils 18, Egress 0 Ammo 14, Lugnuts 6 8th SFS A 14, Warriors 10 June 23 game results 8th SFS A 5, Medics A 4 Red Devils 15, Holloman 0 Army 14, Lugnuts 8 Warriors 10, Medics A 9

Upcoming games Tuesday

5:30 p.m. - Cobras vs. Ammo 6:30 p.m. - Holloman vs. Army 7:30 p.m. – Warriors vs. Egress 8:30 p.m. - Medics A vs. Lugnuts **Thursday**

5:30 p.m. - Red Devils vs. 6:30 p.m. - 8th SFS A vs.

7:30 p.m. - Medics Avs. Egress 8:30 p.m. - Warriors vs. Cobras

Holloman

NATIONAL LEAGUE Fab Flight 0 Wizards Armament AGE Avionics 8th MOS Phase 8th SFS B Comm Medics B

June 20 game results Armament 19, 8th SFS B 7 8th MOS 11, Medics B 6 Wizards 17. Phase 0 Fab Flight 8, Avionics 5 June 22 game results Armament 22, AGE 8 Comm 15, Medics B 0 Wizards 15, 8th SFS B 6 Fab Flight 19, 8th MOS 14

Upcoming games Wednesday

5:30 p.m. — Armament vs. Avionics 6:30 p.m. - Comm vs. Phase 7:30 p.m. - 8th SFS B vs. 8th 8:30 p.m. - AGE vs. Fab Flight

VARSITY SOFTBALL

Upcoming games July 9

Wolf Pack vs. Camp Carroll, 4 and 5:15 p.m. at Kunsan Camp Casey Women vs. Lady Wolf Pack, 4 and 5:15 p.m. at Camp Casey

July 10 Wolf Pack vs. Camp Carroll, 9

and 10:15 a.m. at Kunsan Camp Casey Women vs. Lady Wolf Pack, 9 and 10:15 a.m. at Camp Casey July 16

Lady Wolf Pack vs. Camp Humphreys Women, 4 and 5:15 p.m. at Kunsan

Wolf Pack vs. Humphreys, 6:30 and 9:45 p.m. at Kunsan

July 17

Lady Wolf Pack vs. Camp Humphreys Women, 9 and 10:15 a.m. at Kunsan Wolf Pack vs. Humphreys, 11:30 a.m. and 12:45 p.m. at Kunsan Game schedules are subject to change without notice.

Weekend of Sports

Wolf Pack members spends two days competing



Players from Osan Air Base and Camp Humphrey's team up as a ruck on the pitch 'Humpsan' against and Daegu Saturday in the peninsula-wide rugby tournament. Humpsan took home the winner's title.

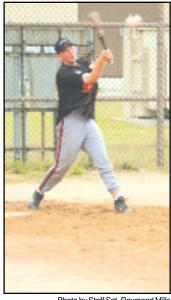


Photo by Staff Sqt. Raymond Mills

ABOVE:Dave Betts, 8th **Maintenance Squadron** puts one into the outfield during the weekend's intramural tournament.

RIGHT: Frank Kurth, 8th Maintenance Squadron Avionics squad makes the play in the field aduring the weekend's intramural softball tournament.



Photo by Staff Sgt. Raymond Mills



Derrick Weyand, 8th Security Forces Squadron, crossed the finish line at one hour seven, minutes, eight seconds to win the base's mini-triathlon Saturday morning. The race started with a 500-meter swim at the base's outdoor pool, followed by a 20kilometer bike race and a five-kilometer run. Donna Kohout of the 8th Fighter Squadron from Holloman Air Force Base, N.M., crossed the line at 1:08:05 as the race's top female competitor.

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Did you know?

There are about 300 family names in Korea, but only a handful make up the vast majority of the population. Among the most common names are Kim, Lee, Pak or Park, An, Jang, Jo or Cho. Choe or Choi. Jong or Cheong, Han, Gang or Kang, Yu or Yoo and Yun or Yoon.

Korean women do not change their family name upon marriage. When Americans call a woman Mrs.

Smith that means she is the wife of a man named Smith. In Korea, when a married woman says she is Mrs. Kim, it usually means that her surname at birth was Kim.

Some women call themselves by their husbands' family names, but this is very rare. Koreans do not refer to others by their given names except among very close friends. Even among siblings, the younger ones are not supposed to address their elders by given names but rather eonni, meaning

elder sister, or oppa, meaning elder brother.

For more interesting facts about Korea visit the Korean Government English website at www.korea.net.



Information courtesy of the Korean Overseas Information Service and CIA World Factboo